



A QUICK FIX FOR HIM AND HER

SIGNATURE SPA JOURNEY

SEA HOLISTIC BODY MASSAGE WITH LAVENDER | EGP 6300 | 90 mins

UPLIFTING BODY MASSAGE BLEND WITH ESSENTIAL OILS | EGP 4350 | 90 mins

VIDA MESSAGES

AROMATHERAPY | EGP 4200 - 60 mins | EGP 5400 - 90 mins

BALINESE | EGP 4200 - 60 mins | EGP 5400 - 90 mins

SPORTS MASSAGE | EGP 4200 - 60 mins | EGP 5400 - 90 mins

NURTURING MOTHER TO BE | EGP 4800 | 60 mins

HOT STONE | EGP 4300 - 60 mins | EGP 5500 - 90 mins

SHOULDER, BACK & NECK | EGP 2800 - 30 mins | EGP 4000 - 60 mins

REFLEXOLOGY | EGP 2800 - 30 mins | EGP 4000 - 60 mins

HEAD MASSAGE | EGP 2800 - 30 mins | EGP 4000 - 60 mins

VIDA FACIAL EXPERIENCE

OLIGOFORCE LUMINATION | EGP 6300 | 60 mins

HYDRA BLUE PLUMPING & MOISTURIZING | EGP 5000 | 60 mins

EXPRESS CUSTOMIZED FACIAL | EGP 4800 | 45 mins

VIDA ESSENCES

OLIGOMER® SPA | EGP 6300 | 90 MINS

BALANCE AND RELAX BODY MASSAGE | EGP 3900 | 60 mins

ENHANCEMENT

DETOX BACK MASSAGE | EGP 3000 | 30 mins

SATIN SHIMMER SALT CRYSTAL EXFOLIATION | EGP 3000 | 30 mins

spaatmarassimarina@vidahotels.com

All prices are in EGP inclusive of service charge and all applicable taxes.

All prices are **PER PERSON**



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SIGNATURE RITUALS

SEA HOLISTIC | 90 MINS

An ultra-relaxing treatment with its gentle warmth and fragrant scent of lavender flowers.

A combination of light strokes, pressure and stretching, this very original body massage using Thai-inspired sea boluses eliminates tension knots one by one and restores balance to the body. Exfoliation using sea salt crystals and a radianceboosting facial treatment restore all the skin's natural luminosity and softness. The ultimate in letting go.

UPLIFTING BODY MASSAGE BLEND WITH ESSENTIAL OILS | 90 MINS

Take yourself on a journey (Frankincense, Orange & Bergamot) Energizing & uplifting, this aromatherapy massage treatment is a combination of orange, frankincense, and bergamot essential oils, used to help the guest feel energized and uplifted, while leaving them with a feeling of joy, happiness, and euphoria.

VIDA MESSAGES

Personalise your massage with a choice of essential oils.

AROMATHERAPY | 60 mins | 90 mins

BALINESE | 60 mins | 90 mins

SPORTS MASSAGE | 60 mins | 90 mins

NURTURING MOTHER TO BE | 60 mins | 90 mins

HOT STONES | 60 mins | 90 mins

BACK MASSAGE | 30 mins | 60 mins

REFLEXOLOGY | 30 mins | 60 mins

HEAD MASSAGE | 30 mins | 60 mins



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VIDA ESSENTIALS

OLIGOFORCE LUMINATION | 60 MINS

This very complete treatment offers skin cleansing along with chemical exfoliation to encourage a "new skin" effect. This is followed by a face massage carried out with the new Perfecting Massage Cream, an advanced professional product formulated to combine brightening action, dark spot correction and action on wrinkles. The application of the new Luminous Complexion Mask, Plasticizing with Vitamin C delivers a final burst of radiance for a glowing face.

HYDRA BLUE PLUMPING & MOISTURIZING | 60 MINS

This treatment perfectly balances effective moisturizing and intense relaxation. It combines signature products with ultra-sensory textures and a very relaxing massage to moisturize and comfort the skin, which instantly reveals its natural freshness.

EXPRESS CUSTOMIZED FACIAL | 45 MINS

A warming, absorbent marine face mask is followed by a custom facial massage to clear pores for skin that's cleansed and complexion that's refreshed.

ENHANCEMENT

DETOX BACK MASSAGE | 30 MINS

The back can become knotted with tension. In order to unpick these knots, this treatment combines deep cleansing using detoxifying marine products with a super-relaxing back and scalp massage.

STAIN SHIMMER SALT CRYSTAL EXFOLIATION | 30 MINS

Exfoliation with salt crystals combined with a moisturizing massage for an express beautifying treatment that leaves the skin soft and silky.